



## Guidelines for Spring Open/Rec Season 2024

Thank you to our Volunteers for helping to coach this season. This is an all-volunteer organization: Coaches, Referees, Team Parents, Board Members. We are all here so our children can play this wonderful sport of soccer. Thank you!!

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- **SET UP 1 GOAL IF YOU ARE THE FIRST GAME OF THE DAY**
  - **TAKE DOWN 1 GOAL IF YOU ARE THE LAST GAME OF THE DAY**
- The season will run from **Mar11 thru May 18**
  - There will be no games on **Apr6**
- ALL games will be played at our sister region AYSO66 @ Munoz Park on **Apr13** and **May4**
  - This division may practice two weekdays for 1 hr each.
- There are not enough goals on the fields for every team. You and the team(s) around you MUST share the goals. They CAN'T be moved.
- Players **MUST ALWAYS** have shin guards during practices & games, or they can't participate!!
  - Players are not allowed to wear jewelry of any kind during practices or games this includes earrings.
  - Bullying of the opposite team or teammates will not be tolerated.
- Player FORMS: Must ALWAYS be with the coach, or in their absence, the asst coach or team manager ONLY (if they completed certs)
- **REFEREES are needed to play games!** Home team needs to provide an AYSO certified referee crew to officiate the game. (not the coach)
  - Anyone 11½ yrs and older can take the class. Please help! Reach out to Theresa, RRA for info/Qs 951-235-7446
  - NO ONE IS to yell at or taunt any of the referees. ***It is the coach's responsibility to control their sideline.***
  - Full In-Person Regional Referee class: 3/10 @8:30am !! Please be PROMPT!! 5890 College Park Ave, Chino 91710
- Team Name: Lottery for an MLS team name
- Banner: It's optional, but your team would have to pay for it.
- Uniforms: NOTHING may be added to the uniform. Ex: players name, nickname or team name. This is for the player's safety and is a national guideline set by our national office.
- No pets of any kind or size are allowed in the park
- No sunflower seeds or any shelled nuts are allowed within the park
- The coach will hold a parent meeting before the start of the season to provide important information
- Coach must be certified at this level by taking the class online under AYSOU
- Your team needs a Team Manager! This person is to provide support to the team:
  - They will pick up and hand out uniforms, make a snack schedule, schedule pizza parties, coordinate a banner...
  - A Team Manager meeting will be on **Mar 22 @ 7pm** at our OSP. Uniforms will be handed out. ONLY if ALL your volunteers (asst coach, team manager) have completed ALL courses
  - To help these additional volunteers complete these requirements, we will be available on **Mar15 & Mar22** 6:30-7:30 at field 7
- Medals will be handed out ONLY if fulfills their referee assignments
- GoalKeeper Training!! Fridays 6pm-7pm
- If new players are added to the team, our Registrar or your Division Commissioner will be letting the coach know. **NO PLAYERS ARE ALLOWED to be in your team** without the Medical Release form
- GAMES:
  - Heading is not allowed at practices or games.
  - Games are 7v7. Each half is 25min with a 5min half time. The referee keeps the time.
  - The goalkeeper can't punt the ball, it must be rolled or thrown. Goalkeeper must wear a penne
  - Family can stand around the field or sit on chairs not on the turf fields. But only the COACH can provide instructions
- Any questions, please contact your commissioner first: Vanessa Galvan

"There's nothing greater than the HEART of a volunteer"

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